



STRONGER in Self-Control
(01/28/2018)

Self-control is doing the right thing _____ of how you feel in the moment.

Proverbs 13:18 (CSB) Poverty and disgrace come to those who ignore discipline, but the one who accepts correction will be honored.

A control _____ tries to control others because they can't _____ themselves.

Proverbs 25:28 A person without self-control is like a city with broken-down walls.

The first _____ you need to win is victory over _____.

Self-control is controlling your _____ rather than letting them control you.

Proverbs 4:13 (GW) Cling to discipline. Do not relax your grip on it. Keep it because it is your life.

Self control is _____.

A self-controlled person makes decisions in _____.

1 Corinthians 9:24-27 (HCSB) Don't you know that the runners in a stadium all race, but only one receives the prize? Run in such a way to win the prize. **25** Now everyone who competes exercises self-control in everything. However, they do it to receive a crown that will fade away, but we a crown that will never fade

away. **26** Therefore I do not run like one who runs aimlessly or box like one beating the air. **27** Instead, I discipline my body and bring it under strict control, so that after preaching to others, I myself will not be disqualified.

Before you can have self-control you need to have a _____.

I need to control my _____ rather than allowing them to control me.

2 Corinthians 10:5 (ESV) We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ.

A God-controlled life lives in _____ to His Word.

Discussion Questions

Icebreaker: Have you ever locked yourself out of something?

1. Read 1 Corinthians 9:24-27. Discuss what stands out to you.
2. Share about a time when you demonstrated self-control?
3. What are some areas of your life that you have a hard time controlling?
4. What ways can you practice more self-control this week?
5. Is there anything this group can pray for?